



SOUTHEAST REGIONAL SUPPORT CENTER

Southeast Regional Support Center

Volume 9, No. 8

2nd Summer Issue

FREE Looking for a Conference?

Our support center has been offered six (6) Reward Point Packages consisting of a complimentary registration and one nights lodging at the K.C. Downtown Marriott on July 23rd for community team leaders, members and volunteers.

For more information call 651-5153 by July 11th.

Topics of conference include funding, financial support, grant writing and evaluation. See the following agenda for more details.

Wednesday, July 23, 2003

Registration is from **noon until 5:00 p.m.**

3:00p.m.-4:30p.m. *Technology in Prevention: Learning the ropes!* Visit with members of the SWCAPT to learn more about Prevention Technology. You're sure to find valuable information while visiting with the SWCAPT.

6:00p.m.-9:00p.m. Keynote, Progressive Dinner and "Show Me Success" Showcase Social Involvement: The Soul of Prevention- Paul Loeb

Thursday, July 24, 2003

8:15-9:15a.m. Opening Keynote- Michael Staver, of the Staver Group. *Shared Visions: Building Prevention One Commitment at a Time.*

9:30-11:30 a.m. Breakout Sessions * *The Alchemy of Evaluation: Turning Information into Support* * *Everyday Heroes Changing the World* * *Leveraging Your Hidden Assets- The Midas Touch*

1:00-3:00p.m. Breakout Sessions * *The Alchemy of Evaluation: Turning Information into Support* * *Everyday Heroes Changing the World* * *Writing Delightful Grants- Secrets of the Force*

3:30-4:15p.m. Closing Keynote- Michael Staver, the Staver Group *Balancing Forces in the Field.*

Congratulations to the newly reorganized (Cape) Southeast Missouri Youth Substance Abuse Coalition members who took advantage of the most recent MCTI (Midwest Community Transformation Institute Training) offered by ACT MO.

Team members attended 5 training sessions and received grant writing consultation over a 6 month period. The team has already been awarded \$5,000.00 from the Area wide United Way to:

1. Expand their coalition membership
2. Collect additional community data to increase awareness and knowledge of community members and service providers of ATOD prevention, intervention, and treatment services available to area youth.
3. Increase coordination of ATOD resources and prevention efforts that enhance protective factors and decrease risk factors in local communities.



WAY TO GO!!!!

SAYING FAREWELL....

CASSIE WORLEY WILL BE LEAVING THE SUPPRT CENTER SOON

SHE WILL BE RELOCATING WITH HER HUSBAND IN ST. LOUIS, MO

WE WILL MISS HER!
CONGRATULATIONS AND GOOD LUCK!



Inside this issue:

Parents Who Host	2
Good Luck C2000 Teams	3
Marijuana	3
Tobacco Update	4
Our Mission	4

**PREVENTION
IS THE**



PARENTS WHO HOST LOSE THE MOST

**Don't be a party to teenage
drinking.
It's against the law.**



Why 21?

- An adolescent may become addicted to alcohol in as little as 6 to 18 months.
- The risk for alcohol dependency decreases by 14% with each year drinking is delayed after the age of 15.
- Youth who are drinking before age 15 are four times more likely to become dependent than those who wait until age 21.
- Youth who drink alcohol are 50 times more likely to use cocaine and 7.5 times more likely to use any illicit drug than young people that never drink alcohol.
- The U.S. Surgeon General reports that life expectancy has improved in the U.S. over the past 75 years for every age group except one.
- Twenty-four percent of 8th graders and 51% of high school seniors reported using alcohol in the past 30 days. Almost half of these 8th graders and nearly 65% of the seniors were drunk in the past 30 days.
- 2.6 million teenagers don't know that a person can die from an alcohol overdose.

**Volunteers wanted/needed to disseminate
"Parents Who Host Lost The Most"
information
Parker 204/205**



**Bollinger, Perry, Cape, and Sikeston
C2000 Teams
Submitted ADA C2000 Prevention Grants
G o o d L u c k !**



Marijuana– It’s Not Your Parents’ Weed

According to forreal.org, today’s marijuana is five times the strength of that of the 1970s, while other reports estimate the strength to be as high as 25 times that of earlier decades.

To measure the strength of the drug, researchers measure levels of THC, an ingredient that produces the high. An older form of marijuana grown in Mexico had a TCH content of about 4%, but newer strains are closer to 6%.

The bottom Line:

Today’s marijuana is more dangerous than it was in the ‘60s and ‘70s.

Source: www.forreal.org/think/potentmj.asp

***Marijuana Prevention Resources
On the Web***

Www.TheAntiDrug.com

Parents and other adult influences

Www.LaAntiDroga.com

Parents and other adult influences (in Spanish)

Www.Freevibe.com

Youth ages 14 to 16

Www.TeachersGuide.org

Educators and other in-school professionals

Www.DrugStory.org

Entertainment writers and journalists

Www.TheAntiDrug.com/@work

Corporate partners and employers who want to provide youth drug prevention info. to employees who are parents.



SOUTHEAST REGIONAL SUPPORT CENTER
Southeast Missouri State University
*MS 7650 *Parker Rm. 204/205
Cape Girardeau, MO 63701

*Note new address as of 2/26/03
Phone: 573-651-5153
Fax: 573-651-2856

Dr. Ed Leoni eleoni@semo.edu
Leah Shrum shrum@semo.edu
Cassie Worley cworley@semo.edu



Our Mission

The mission of Southeast Regional Support Center is to promote and facilitate the development of community prevention initiatives concerning the use and abuse of alcohol, tobacco and other drugs by serving as a catalyst for mobilization and change in the communities of Service Area 21.

LOOK FOR OUR NEWSLETTERS
QUARTERLY NOW!

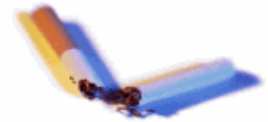
Please call Leah or Cassie at
(573) 651-5153 if you would like
to add information about your team
and/or community events to
our newsletter. ?



Feel free to look around our web site. It is full of useful information, links, and other resources. If you have any questions, please contact us. (Our contact information is listed at the bottom of each page).

Tobacco Update

U.S. Tobacco Production Drops to 129– Year Low



THE CAUSE:

Lower smoking rates
Litigation
Overseas competition



According to the Associated Press, demand for tobacco has *dropped* as cities and states raise cigarette taxes and indoor-smoking bans go into effect. Lawsuits against tobacco manufacturers also have hurt, and tobacco firms have increasingly turned to cheap suppliers in Zimbabwe, Brazil, and other nations.

Source: Join Together Online, www.jointogether.org

To live is not to live for one's self
alone; let us help one another

Menader of Athens